

# Job descriptions: Camp Mental Health Worker

Job Title: Camp Mental Health Worker Classification: Nonexempt Dates: July 13-20, 2024 Reports to: Lead Mental Health Worker

#### Position Purpose:

As a Camp Mental Health Worker, your primary responsibility is to monitor the emotional well-being of all campers and provide support to the camp community during the camp session. Your role involves assisting individuals in eliminating or replacing ineffective or disruptive behaviors with appropriate and positive actions.

### Essential Job Functions:

- **Mandatory Staff Training**: Participate in mandatory staff training to gain a comprehensive understanding of campers' behavioral challenges and expectations.
- Educational Support: Assist in educating staff during orientation and pre-camp training.
- **Camper Assessment:** Review every camper's file in advance to assess specific individual needs and anticipate requirements. Identify individual needs and discuss behavioral plans with camp counselors before campers' arrival.
- **Camp Interaction:** Observe and interact with campers and staff to promote a positive camp experience.
  - Work one-on-one with campers facing difficulty in participating in the program.
  - Intervene in cases of significant behavioral challenges.
  - Help resolve conflicts appropriately among campers and staff.
  - Provide support and guidance to staff dealing with camper behavior issues.
  - Be available to debrief campers and staff in emergency situations.
  - Provide necessary assistance to campers before allowing them to return to activities.
- **Emotional and Social Well-being:** Consult and guide staff to monitor the overall emotional and social well-being of the camp community.
  - Offer emotional support to staff dealing with personal challenges.
  - Assist in mediating staff conflicts and monitor staff morale.
- **Guardian Communication:** Serve as a liaison with parents, referencing camp behavior policy in communicating problem behaviors.
  - Be available to contact parents with the Mental Health Lead to address observed problem behaviors and campers' failure to adapt to the camp setting.
  - Assist in communicating with parents, along with the camp Director, regarding potential camp dismissals.
- **Reporting and Communication:** Keep the Mental Health Lead and appropriate supervisory staff informed of all situations and issues as they arise.
  - Provide daily updates through informal conversation and formal documentation to the Director and supervisory staff.
  - Be proactive in keeping the Mental Health informed regarding any potential issue that might question our ability to have a participant remain at camp.



 Make recommendations to the Mental Health Lead to ensure necessary follow-up wit families occurs.

### Other Job Duties:

- Contribute to documenting any verbal and written communication as requested.
- Attend staff meetings and complete training sessions, and all paperwork as required in a timely manner

### Relationships:

Mental Health staff generally have regular relationships with the head of medical and safety and head of mental health, camp counselors, guardians, other medical and mental health staff, leadership, and camp director.

## Equipment Used:

Mental Health staff may be asked to use fire protection equipment, safety equipment, Some may be asked to drive camp golf carts and hold confidential camper information.

## <u>Qualifications: (Minimum Education and Experience)</u>

- Suitable candidates must have licensure (at least a Bachelor's Degree) in Social Work, Counseling, or Psychology and possess previous experience working with children and/or young adults facing challenges relevant to CampOUT, or be in the process of obtaining their licensure/degree.
- Must be 21 years of age.
- Candidates must have the ability to pass a background screening, with the associated costs covered no sooner than 60 days prior to the commencement of the camp.
- Must submit a health history record by camp deadline
- Ability to interact with all age levels.
- Certification in First Aid/CPR is preferred.

### Knowledge, Skills, and Abilities:

- Working knowledge of working with children and youth with special emotional, behavioral, cognitive, communicative, and/or physical challenges.
- Experience in working with LGBTQ+ populations
- Comfortable working in an outdoor setting where campers and staff live and experience developing a positive community and active camp activities.
- Able to work in an informal manner without the typical clinical lifestyle.
- Willing and able to work as part of a team with both professionals and committed laypeople.
- Able to identify and use opportunities in the daily life of camp termed "teachable/learnable moments."

### Physical and Emotional Aspects of the Job:

- Physically and emotionally stable and healthy.
- Skill in maintaining a written record system.
- Capability to quickly reach remote locations on camp property over uneven terrain.
- Endurance to meet emergency needs effectively.



- Willingness to work outdoors in various weather conditions.
- Willingness to live on-site in cabins with campers during camp sessions and work irregular hours when required.

In this critical role, you will have the opportunity to make a lasting impact on the emotional well-being of our campers and staff, creating an environment where personal growth and positive change can flourish. By joining our CampOUT family, you will contribute to a supportive and inclusive community that empowers LGBTQ+ youth to thrive. If you are passionate about making a difference in the lives of young individuals and are ready to embark on a rewarding journey with us, we encourage you to apply and become a valuable member of our team. Together, we can create a safe and nurturing space where campers can be their authentic selves and experience the magic of CampOUT.