

Job descriptions: Lifeguard

Job Title: Lifeguard Classification: Nonexempt Dates: July 13-20, 2024 Reports to: Lead LifeGuard and Water Safety Manager

Position Purpose:

The Lifeguard at CampOUT plays a critical role in ensuring the safety and well-being of campers and staff during aquatic activities. This position is responsible for monitoring and maintaining a safe swimming environment, responding to emergencies, and promoting water safety at all times.

Essential Job Functions:

- Supervision of Aquatic Activities:
 - Supervise campers and staff during aquatic activities, including swimming, water games, and workshops.
- Safety Vigilance:
 - Maintain constant vigilance over the pool or waterfront area, scanning for signs of distress or potential hazards.
 - Enforce pool rules and safety regulations to ensure the safe use of aquatic facilities.

• Emergency Response:

- Respond quickly and effectively to emergencies, performing water rescues and administering first aid or CPR as needed.
- Assist in conducting regular safety drills and emergency procedures.
- Safety Protocols:
 - Ensure that all campers and staff follow safety protocols and use appropriate safety equipment.
 - Inspect and maintain aquatic equipment and facilities, reporting any issues to the Water Safety Manager and Camp Director.
- Program Planning and Instruction:
 - Collaborate with the Aquatics Director to plan and implement aquatic programs and activities.
 - Provide guidance and instruction to campers and staff on water safety and proper swimming techniques.
 - \circ $\;$ Assist with organizing and supervising swim checks for campers.
- Promotion of Positive Atmosphere:
 - Promote a positive and inclusive atmosphere in the aquatic area, encouraging campers to participate in water activities.
 - Keep accurate records of daily pool or waterfront attendance and incident reports.
 - Assist in maintaining cleanliness and orderliness in the aquatic area.
- Training and Certification:
 - Participate in regular training and certification renewals to stay current on lifeguarding skills and CPR/First Aid certification.
- Role Modeling:
 - Serve as a role model for campers, demonstrating safety, responsibility, and respect for camp rules.



Other Job Duties:

- Attend staff meetings and complete training sessions, and all paperwork as required in a timely manner
- Collaborate with other camp staff to ensure the overall safety and well-being of campers.
- Assist with other camp duties and activities as needed.
- Contribute to a respectful and supportive camp culture.

Relationships:

Life Guards generally have regular relationships with all Camp counselors, senior camp counselor, guardians, medical and mental health staff, leadership, and camp director..

Equipment Used:

Life Guards may be asked to use fire protection equipment, safety equipment, water safety equipment, paddle boards, canoes, or kayaks, large water toys (trampoline, iceberg, slide). Some may be asked to drive camp golf carts.

<u>Qualifications:</u> (Minimum Education and Experience)

- Must be at least 21 years old.
- Lifeguard certification from a recognized authority (e.g., American Red Cross, YMCA, Ellis & Associates) or willingness to obtain and complete certification prior to camp.
- CPR and First Aid certification.
- Candidates must have the ability to pass a background screening, with the associated costs covered no sooner than 60 days prior to the commencement of the camp.
- Previous lifeguarding experience is preferred.
- Ability to pass a swim test and demonstrate strong swimming skills.
- Strong communication and interpersonal skills.
- Ability to remain calm and act quickly in emergency situations.
- Enthusiasm for working with youth and promoting water safety.
- Must submit a health history record by camp deadline

Knowledge, Skills, and Abilities:

- In-depth knowledge of water safety principles, lifeguarding techniques, and emergency response procedures.
- Strong observational skills to monitor individuals and the aquatic environment.
- Ability to effectively communicate safety instructions and enforce rules.
- Excellent teamwork skills to collaborate with other lifeguards and camp staff.
- Adaptability to changing conditions and needs in an aquatic setting.
- A commitment to creating a safe and enjoyable aquatic experience for campers and staff.

Physical Aspects of the Job:

- Physical requirements include prolonged periods of standing, sitting, and attentive scanning.
- Ability to perform water rescues and administer first aid/CPR as needed.
- Willingness to work outdoors in various weather conditions.



• Willingness to live on-site in cabins with campers during camp sessions and work irregular hc when required.

The Lifeguard's role at CampOUT is essential for ensuring the safety of all individuals participating in aquatic activities. This position requires vigilance, strong swim skills, and the ability to respond to emergencies quickly and effectively. Lifeguards contribute to creating a positive and safe camp experience for campers and staff in and around the water.